

## Patient Health Information

Date \_\_\_\_\_

Patient name: \_\_\_\_\_

DOB: \_\_\_\_\_

### Patient's Care Team

Do you see any other health care providers (i.e. cardiologist, gynecologist, dermatologist)? If so please list their name, specialty, and phone number: \_\_\_\_\_

\_\_\_\_\_

### Pharmacy

Please list your pharmacy and phone number: \_\_\_\_\_

### Allergies

**Drug Allergies:** Are you aware of any drug (medication) allergies? (*circle one*)

**YES**

**NO**

If yes, please list all drug allergies: \_\_\_\_\_

\_\_\_\_\_

**Environment/Inhaled/Food Allergies:** Please list all other allergies \_\_\_\_\_

\_\_\_\_\_

### Current Medications

Please list all prescribed medications, over the counter medications, supplements, and vitamins with appropriate dosages that you are currently taking: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Vaccinations

Please list any adult immunizations and dates: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Past Medical History

Please check all conditions and problem areas that apply to you.

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> ADHD                    | <input type="checkbox"/> Coronary artery disease | <input type="checkbox"/> Heart murmur          | <input type="checkbox"/> Osteoporosis     |
| <input type="checkbox"/> Allergies               | <input type="checkbox"/> DVT/blood clot          | <input type="checkbox"/> Hemorrhoids           | <input type="checkbox"/> Psych disorder   |
| <input type="checkbox"/> Anemia                  | <input type="checkbox"/> Dementia                | <input type="checkbox"/> High blood pressure   | <input type="checkbox"/> Seizures         |
| <input type="checkbox"/> Anxiety                 | <input type="checkbox"/> Depression              | <input type="checkbox"/> High cholesterol      | <input type="checkbox"/> Skin problems    |
| <input type="checkbox"/> Arthritis/Joint Disease | <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Kidney disease        | <input type="checkbox"/> Sleep disorders  |
| <input type="checkbox"/> Asthma                  | <input type="checkbox"/> GERD (acid reflux)      | <input type="checkbox"/> Kidney stones         | <input type="checkbox"/> Stomach issues   |
| <input type="checkbox"/> Bladder/kidney problems | <input type="checkbox"/> HIV                     | <input type="checkbox"/> Liver disease         | <input type="checkbox"/> Thyroid problems |
| <input type="checkbox"/> Bleeding disorder       | <input type="checkbox"/> Headaches               | <input type="checkbox"/> Memory loss           | <input type="checkbox"/> Vision problems  |
| <input type="checkbox"/> COPD/lung disease       | <input type="checkbox"/> Hearing problems        | <input type="checkbox"/> Mood disorders        | <input type="checkbox"/> Weight problems  |
| <input type="checkbox"/> CVA/stroke              | <input type="checkbox"/> Heart disease           | <input type="checkbox"/> Muscle/joint problems | Other: _____                              |

### Surgical History

Please list all previous surgeries and dates: \_\_\_\_\_  
\_\_\_\_\_

### Family History

Please list any medical conditions your family members have:

- Mother:** Alive, at age: \_\_\_\_\_ Health problems: \_\_\_\_\_  
Died, at age: \_\_\_\_\_ Cause of death: \_\_\_\_\_
- Father:** Alive, at age: \_\_\_\_\_ Health problems: \_\_\_\_\_  
Died, at age: \_\_\_\_\_ Cause of death: \_\_\_\_\_
- Maternal Grandmother:** Alive, at age: \_\_\_\_\_ Health problems: \_\_\_\_\_  
Died, at age: \_\_\_\_\_ Cause of death: \_\_\_\_\_
- Maternal Grandfather:** Alive, at age: \_\_\_\_\_ Health problems: \_\_\_\_\_  
Died, at age: \_\_\_\_\_ Cause of death: \_\_\_\_\_
- Paternal Grandmother:** Alive, at age: \_\_\_\_\_ Health problems: \_\_\_\_\_  
Died, at age: \_\_\_\_\_ Cause of death: \_\_\_\_\_

**Family History (continued)**

**Paternal Grandfather:** Alive, at age: \_\_\_\_\_ Health problems: \_\_\_\_\_

Died, at age: \_\_\_\_\_ Cause of death: \_\_\_\_\_

**Siblings:** # of brothers: \_\_\_\_\_ Health problems: \_\_\_\_\_

# of sisters: \_\_\_\_\_ Health problems: \_\_\_\_\_

**Social History**

**Smoking status:** (*circle one*) Never smoker Former smoker Current every day smoker Current some day smoker

**Smoking – how much?** (*circle one*) (*note: PPW = pack per week, PPD = pack per day*)

None 1 PPW 2 PPW ¼ PPD ½ PPD 1 PPD 1 ½ PPD 2 PPD 3+ PPD

**How many years have you smoked?** \_\_\_\_\_ **When did you quit smoking?** \_\_\_\_\_

**Occupation:** \_\_\_\_\_

**Education:** (*circle one*) Less than 8<sup>th</sup> grade 2 year college 4 year college Post graduate

**Sexual orientation:** (*circle one*) Heterosexual Homosexual Bisexual

**Marital status:** (*circle one*) Married Single Divorced Domestic partner Widowed

**Number of children:** \_\_\_\_\_

**Exercise level:** (*circle one*) None Occasional Moderate Heavy

**Diet:** (*circle one*) Regular Vegetarian Vegan Gluten Free

**General stress level:** (*circle one*) Low Medium High

**Passive smoke exposure:** (*circle one*) Yes No

**Chewing tobacco:** (*circle one*) None 1/day 2-4/day 5+/day

**Alcohol intake:** (*circle one*) None Occasional Moderate Heavy

**Alcohol years of use:** \_\_\_\_\_

**Drug use:** \_\_\_\_\_

**Caffeine intake:** (*circle one*) None Occasional Moderate Heavy

**Smoke alarm in home:** (*circle one*) Yes No **Advance directive:** (*circle one*) Yes No

**Sexually active:** (*circle one*) Yes No **Protected sex:** (*circle one*) Always Usually No

**Recent colonoscopy?** (*Please list date of procedure*): \_\_\_\_\_

**GYN History (For female patients only)**

**Date of last menstrual period:** \_\_\_\_\_ **Menses monthly?:** (*circle one*) Yes No

**Frequency of cycle (every \_\_\_ days):** \_\_\_\_\_ **Duration of flow:** \_\_\_\_\_

**Flow:** (*circle one*) Light Moderate Heavy

**Age when you first got your period?** \_\_\_\_\_ **If postmenopausal, age at menopause?** \_\_\_\_\_

**Current birth control method:** \_\_\_\_\_ **Age at first child:** \_\_\_\_\_

**Date of last mammogram:** \_\_\_\_\_ **Date of last pap smear:** \_\_\_\_\_

**Sexually active:** (*circle one*) Yes No **History of STD's:** (*circle one*) Yes No

**Did you get the HPV vaccine?** (*circle one*) Yes No

**Date of most recent bone density test:** \_\_\_\_\_

**Are you on hormone replacement therapy?** (*circle one*) Yes No